The Wisconsin Youth Health Transition Initiative helps youth (ages 12 through 17), their families, and their health care team prepare for the change from child to adult health care. We offer information, tools, and resources about what to expect and how to prepare.

Our goal is to increase the number of youth, with and without special health care needs, who receive the support necessary to feel confident making individual choices about their health and health care.

We encourage idea sharing and best practices around health transition based on Got Transition’s Six Core Elements of health care transition.

1. Policy Discovery
2. Tracking
3. Preparing
4. Planning
5. Transferring
6. Maintaining

Got Transition’s Six Core Elements

-政策发现 (Policy Discovery)
-跟踪 (Tracking)
-准备 (Preparing)
-计划 (Planning)
-转移 (Transferring)
-维护 (Maintaining)

**NATIONAL & STATE PERFORMANCE**

Very few youth receive the services necessary to successfully transition to adult life. These include areas like adult health care, decision-making, work and independence.

**Nationwide**

- With Special Health Care Needs receive services: 1 out of 6
- Without Special Health Care Needs receive services: 1 out of 7

**Wisconsin**

- With Special Health Care Needs receive services: 1 out of 5
- Without Special Health Care Needs receive services: 1 out of 6

Data according to the 2016 National Survey of Children with Special Health Care Needs including physical and mental health, access to quality health care, and the child's family, neighborhood and social context. Access at childhealthdata.org.

**TOOLS & RESOURCES AVAILABLE**

- Checklists & Skill Building
- Pocket Guide
- Learning Community
- Wisconsin Regional Centers
- Education & Awareness Events
- Website

**HEALTH CARE SYSTEMS**

- Partner with health care systems, providers, and the community to share health transition tools and resources statewide.
- Support practices and health care systems to initiate processes to increase awareness and skills that encourage successful health care transition.

**COMMUNITY SUPPORTS**

- Provide youth with special health care needs and their families with connections to our network of Wisconsin collaborators.

**YOUTH & FAMILIES**

- Encourage Wisconsin’s youth and their families to make individual choices to enhance their health and well-being.
- Provide Wisconsin and national health transition tools and resources.
- Build Your Bridge trainings

**WEBSITE**

healthtransitionwi.org

**WAISMAN CENTER**

University of Wisconsin - Madison
University Center for Excellence in Developmental Disabilities

Youth Health Transition Coordinator: Maia Stitt
email: healthtransitionwi@waisman.wisc.edu
phone: 608.265.9423

healthtransitionwi.org