

Healthcare Transition

STAY



A STEP



AHEAD



Healthcare Transition is the change from a PEDIATRIC model of care (parents and caregivers make most decisions) to an ADULT model of care (most adults make their own healthcare decisions).

Step 1: Start talking transition


Age 12-14

- Know the names of doctors and reasons for seeing them.
- Allow time for the youth patient to meet with the physician alone.
- Fill out a checklist to prepare for adult healthcare.

Step 2: Be in the know

Age 15-17

- Youth, families, and doctor need to know youth's
 - unique medical needs
 - communication style
 - disability
 - diagnosis
- Youth and family need to learn about privacy and consent before age 18.



Decisions
Need To Be
Made Before
18th Birthday

Step 3: Transition to adult care

Age 18 & up

- Ask current doctor to recommend doctors who care for adults.
- Check on insurance coverage.
- Be sure medical records are sent to adult doctor(s).

Health Transition Wisconsin:
healthtransitionwi.org

Healthcare Transition

RESOURCES

Wisconsin Resources

- **Build Your Bridge** - Training for families available through Wisconsin Regional Centers for Children and Youth with Special Healthcare Needs

www.dhs.wisconsin.gov/cyshcn/regionalcenters.htm

- **Bridging the Gap** - Presentation at conferences and for community groups

Email: healthtransitionwi@waisman.wisc.edu

- **Closing the Gap** - Training and technical assistance for medical practices to develop & implement healthcare transition strategies

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Got Transition & National Resources



American College of Physicians Condition-Specific Tools:
<https://www.acponline.org/clinical-information/high-value-care/resources-for-clinicians/pediatric-to-adult-care-transitions-initiative/condition-specific-tools>

Healthcare Transition is a process that takes time and involves youth & families, pediatric & adult providers and coordination with other transition activities.