

Build Your Bridge

Moving from Child to Adult Health Care



Welcome to Build Your Bridge

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Wisconsin Wayfinder



Wisconsin Wayfinder
Children's Resource Network

dhs.wi.gov/wiscway | (877) WiscWay

Build Your Bridge

Moving from Child to Adult Health Care



Learning Objectives

1. Define youth health care transition, what it is & why it is important.
2. Apply tools and resources to take an active role in the health care transition process.

What is Youth Health Transition?

Health care transition, or HCT, is the process of getting ready for health care as an adult.



Got Transition website

<https://www.gottransition.org/youth-and-young-adults/>; accessed 9/9/2024

What the parts Youth Health Transition?

- 1) Preparing for Transition
- 2) Transfer of Care
- 3) Successful Integration into Adult Health Care



8 Tools for a Successful Transition



Transition Tools

**Adult
Providers**



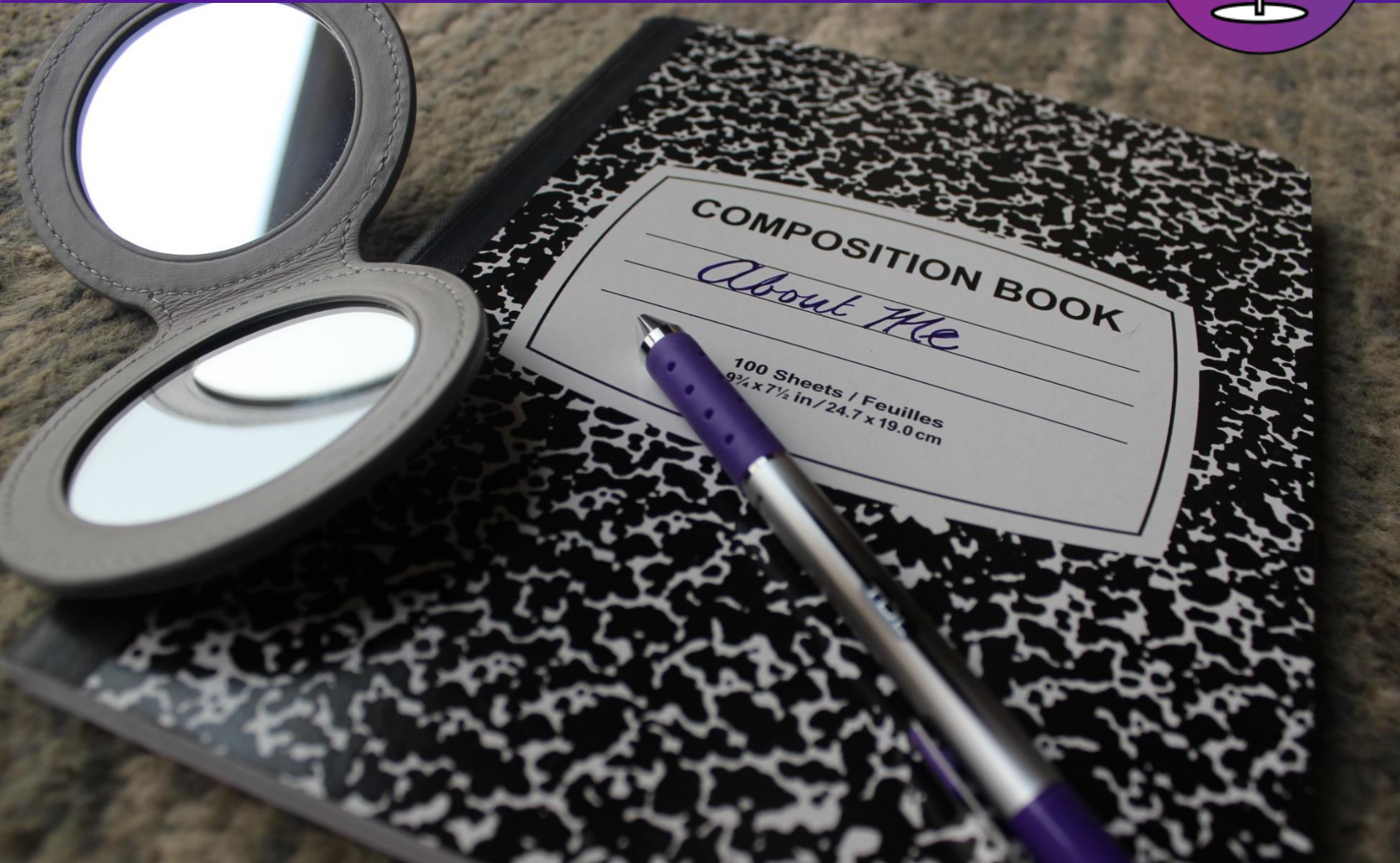
About Me

Decisions



**Medical
Insurance**

ABOUT ME



About Me for the Dr



Sharp

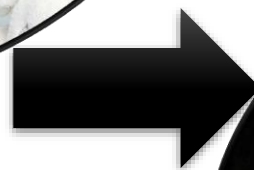
About Me for Others



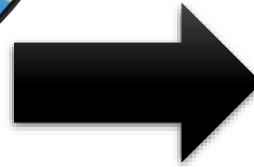
ADULT PROVIDERS



Specialty



Dental



Decisions



DECISIONS



"Decision making" Definitions



Power of Attorney: As an additional step, young adult children may consider naming a durable power of attorney, which allows a parent or other designated agent to handle financial matters on behalf of the adult child.

Medical Power of Attorney When signing an MPOA, your young adult child will appoint an "agent/representative" to make medical decisions on their behalf if they are incapacitated and unable to make those decisions for yourself. Each state has different laws governing MPOAs. An MPOA is a highly recommended legal document for all adults.

"Decision making" Definitions



Guardianship: A person or agency chosen or appointed by a court to make legal decisions for another person, who cannot make those decisions themselves. Guardianship can be requested from the age of 17 years and 9 months.

Supported Decision-Making: The process used for friends, family, and professionals to help a person understand the situations and choices they face, so they can make their own decisions.

“Supported Decision Making”



Use allies to help understand situations and choices they face

Decision-making assistance



HEALTH INSURANCE



Medical Financial Coverage



- Medicaid coverage
 - Children's remains active until age 19
 - Adults can apply in month of 18th birthday
- Staying on Parents' Insurance – “Adult Disabled Child”
 - Often children with disabilities may stay under parents' insurance policy indefinitely (past age 26)
 - Consult with your private insurance provider sooner than later

Long-term care support services for adults



- If your child receives long-term care services for children, you will need to ask your CLTS caseworker about adult services.
- When your child turns 17 & 1/2, call your county's Aging and Disability Resource Center (ADRC) to learn about adult services.
- Click on your county to get a phone number
<https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>

ABC for Health



- Online Health Insurance Tool
- Benefits Counselors
- Informational Videos

www.safetyweb.org

Transition Tools

Appointments



**Emergency
Contacts**

**Health
Summary**



Medications



EMERGENCY CONTACTS



APPOINTMENTS



Tips About Appointments



Tips About Appointments



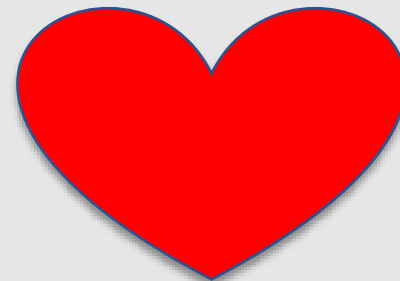
MEDICATIONS



Learning About Medications



For my
Allergies



Makes my
stomach
better

Tips About Medications



Dextroamphetamine

Carbamazepine

Diphenhydramine

Acetohexamide

Tips About Medications



Refilling Medications



FOGHORN LEGHORN

1212 N ROOSTER RD, OREGON, WI 53575

11/09/20

Warning: Do not use if you are pregnant, suspect that you are pregnant, or while breastfeeding. Consult your doctor or pharmacist.

Take this medication ½ hour before a meal. Read label carefully for how many times to take each day.

TAKE ONE TABLET TWO TIMES A DAY

GEMFIBROZIL 600 MG TABLET

RX: 6000254-99

QTY: 60

REFILLS: 4

(608) 241-9638

UNTIL 5/09/21

. A YOUNG

USE BY: 11/09/21



MFG: TEVA
USA

NDC: 00093-0670-05

<https://www.youtube.com/watch?v=gHv7KWB9RuI>

HEALTH SUMMARY/SHARED PLAN OF CARE



Tips On A Health Summary



American College of Physicians [Condition-Specific Tools](#)

- Intellectual and Developmental Disabilities (IDD)
- Physical Disabilities
- Type 1 Diabetes
- Turner Syndrome
- Growth Hormone Deficiency
- Systemic Lupus Erythematosus
- Sickle Cell Disease
- Hemophilia
- End-Stage Renal Disease
- Juvenile Idiopathic Arthritis
- Congenital Heart Disease

HCT Readiness Assessment

<https://www.gottransition.org/six-core-elements/transitioning-youth-to-adult/transition-readiness.cfm>


English and Spanish

THE SIX CORE ELEMENTS OF HEALTH CARE TRANSITION™ 3.0

Sample Transition Readiness Assessment for Youth

Please fill out this form to help us see what you already know about your health, how to use health care, and the areas you want to learn more about. If you need help with this form, please ask your parent/caregiver or doctor.

Preferred name	Legal name	Date of birth	Today's date							
TRANSITION IMPORTANCE & CONFIDENCE Please circle the number that best describes how you feel now.										
The transfer to adult health care usually takes place between the ages of 18 and 22.										
How important is it to you to move to a doctor who cares for adults before age 22?										
0 not	1	2	3	4	5	6	7	8	9	10 very
How confident do you feel about your ability to move to a doctor who cares for adults before age 22?										
0 not	1	2	3	4	5	6	7	8	9	10 very
MY HEALTH & HEALTH CARE Please check the answer that best applies now.										
	NO	I WANT TO LEARN	YES							
I can explain my health needs to others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to ask questions when I do not understand what my doctor says.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know my allergies to medicines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know my family medical history.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I talk to the doctor instead of my parent/caregiver talking for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I see the doctor on my own during an appointment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know when and how to get emergency care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know where to get medical care when the doctor's office is closed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I carry important health information with me every day (e.g., insurance card, emergency contact information).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know that when I turn 18, I have full privacy in my health care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know at least one other person who will support me with my health needs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to find my doctor's phone number.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to make and cancel my own doctor appointments.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I have a way to get to my doctor's office.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to get a summary of my medical information (e.g., online portal).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to fill out medical forms.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to get a referral if I need it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know what health insurance I have.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know what I need to do to keep my health insurance.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I talk with my parent/caregiver about the health care transition process.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
MY MEDICINES If you do not take any medicines, please skip this section.										
I know my own medicines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know when I need to take my medicines without someone telling me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
I know how to refill my medicines if and when I need to.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>							
WHICH OF THE SKILLS LISTED ABOVE DO YOU MOST WANT TO WORK ON?										

 Transitioning Youth to an Adult Health Care Clinician
Six Core Elements of Health Care Transition™ 3.0

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Transition Resources



– National Resource

www.gottransition.org



HEALTH TRANSITION WISCONSIN

SUPPORTING YOUTH TO ADULT HEALTHCARE



www.healthtransitionwi.org

Acknowledgement

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Feedback!

Short (but very important) evaluation:

https://redcap.wisconsin.gov/surveys/?s=HHPPR93Y4A&session_name=8



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