

Transition Talks Tuesday Spring 2025
Health Care Changes Too! Bridging the Gap Between Adolescent and Adult Health Care
April 22, 2025

Resource Sheet from the Video

As we look ahead to our students/children turning 18, we need to keep an eye on health care. What steps need to be taken to move into the world of adult health care? What skills can be taught (even in middle school)? How can we tell what a student needs to know? Tim Markle from the Children's Resource Center-South and the Wisconsin Youth Health Transition Initiative, and his young adult son Hunter, will be our presenters.

After you watch the video, please leave us some feedback:

https://uwmadison.co1.qualtrics.com/jfe/form/SV_3xebtB2nKPa7WqW

All Transition Talks Tuesdays Spring 2025 can be found:

<https://healthtransitionwi.org/transition-talks-tuesdays-spring-2025/>

We thank the Mt. Horeb Area School District Transition Team for partnering for the Spring 2025 Transition Talks Tuesdays.

Resource Links

- Health Transition Wisconsin -- <https://healthtransitionwi.org/>
- Health Transition Readiness Assessment for youth -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-youth>
- Health Transition Readiness Assessment for Caregivers and Families -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-parent>
- National information on Health Transition -- <https://www.gottransition.org>
- Build Your Bridge Notebook -- <https://healthtransitionwi.org/wp-content/uploads/sites/178/2021/01/BuildYourBridge2020fillable.pdf>
- Preparing for Life as an Adult (Health) -- <https://ucedd.waisman.wisc.edu/wp-content/uploads/sites/74/2017/02/THCL.pdf>
- Wisconsin Transition Improvement Grant (TIG) -- <https://witig.org/>
- Post-Secondary Transition Plan (App) -- <https://witig.org/self-advocacy-tools/witransition-app/>
- Find your Aging and Disability Resource Center (ADRC) -- <https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>
- ADRC Consumer Page -- <https://www.dhs.wisconsin.gov/adrc/index.htm>
- Supported Decision-Making and Guardianship Alternatives -- <https://wi-bpdd.org/index.php/supporteddecision-making/>
- About Me Form: <https://inclusivehealth.specialolympics.org/resources/tools/about-me-form>
- Self-Advocacy Resources -- <https://www.pacer.org/transition/learning-center/health/building-self-advocacy.asp>

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- PACER Center Transitioning to Life After High School: <https://www.pacer.org/students/transition-to-life/>
- Center for Transition to Adult Health Care for Youth with Disabilities: <https://movingtoadulthealthcare.org/>
- Before Age 18: <https://beforeage18.org/>
- Before Age 18 WI Transition Resource Guide -- <https://beforeage18.org/transition-guide/>
- Up to Me (helping with self-disclosure) -- <https://wisewisconsin.org/up-to-me/>
- PATCH (Providers and Teens Communicating for Health -- www.patch.org
- Self-Directed Health Care Kit -- www.wi-bpdd.org
- Family Voices of Wisconsin Transition to Adult Life: <https://familyvoiceswi.org/resource-library/>
- Wisconsin Integrated Transition Planning Project: <https://integratedtransition.waisman.wisc.edu/>